



Oregon  
CHAPTER

## 7th Annual Oregon Cardiovascular Symposium

June 5, 2010 - 8:00 am – 6:15 pm

June 6, 2010 - 8:00 am – Noon

Doubletree Lloyd Center Hotel

Portland, Oregon



**Program Director:**

**Pasala "Ravi" Ravichandran, M.B.B.S., F.A.C.C.  
Oregon Health Sciences University**

### **Overall Need Statement:**

Physicians and cardiac care associates are required to maintain up-to-date knowledge of the latest developments in the practice of cardiology to improve patient outcomes. The Oregon Chapter-ACC Annual Symposium features education that provides needs-based learning covering a thorough overview of atrial fibrillation, sleep apnea, heart failure, cardiovascular disease prevention with lifestyle issues including prevention and rehabilitation, health care reform, acute ST-and non-ST elevation treatment process evaluation, and heart disease in women.

### **Overall Goal Statement:**

The overall goal of this program is to enhance participants' competence by providing the most up-to-date developments in the diagnosis, treatment and management of cardiovascular disease and by facilitating transfer of knowledge into practice to improve patient outcomes.

### **Learning Objectives:**

1. Discuss the indications for anticoagulation in atrial fibrillation and be familiar with newer treatments for this problem.
2. Explore advances in the treatment of heart failure including the ACC/AHA 2005 Guideline Update for the Diagnosis and Management of Chronic Heart Failure in the Adult and articulate appropriate treatment goals, utilizing both medical and surgical treatments.
3. Review the signs and symptoms of obstructive sleep apnea and the reasons why this disease can contribute to cardiovascular morbidity and mortality.
4. Describe the ACC position on health care reform and the reasons why such reforms are essential.
5. Review sexual function in the patient with heart disease and stratify an individual's risk.
6. Review current practices in the provider's hospital and apply D2B best practices.
7. Review the ACCF/AHA 2009 Performance Measures for Primary Prevention of Cardiovascular Disease in Adults including unique features related to cardiovascular disease prevention in women.

### **Target Audience:**

The target audience for the Oregon Cardiovascular Symposium is Cardiovascular Physicians, including Adult, Pediatric and Surgeons, Internists, Family Physicians, , Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists and CV Technologists.

### **Accreditation & Designation**

#### **Physicians**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Cardiology Foundation and the Oregon Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by the ACCME to provide continuing medical education for physicians.

The ACCF designates this educational activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)(tm). Physicians should only claim credits commensurate with the extent of their participation in the activity.

#### **Nurses**

American College of Cardiology Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The ACCF designates this educational activity for a maximum of 12.5 continuing education hours. Requirement for successful completion is attendance in a session in its entirety and completing the evaluation tool.

While offering credits noted above, this program is not intended to provide extensive training or certification in the field.



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### ACCF Disclosure and COI Policy Statement:

ACCF/Chapter committee members, faculty, staff and other individuals who are in a position to control the content of this activity are required to disclose all real or apparent conflicts of interest. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, patient care and safety recommendations. Full disclosure will be published in the syllabus.

### Planning Committee:

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