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21st Annual  
Northwest ACC Chapters and the  
ACC Oregon Education Foundation  
**Northwest  
Cardiovascular  
Symposium**  
**LIVE & VIRTUAL**

APRIL 26-27, 2024

DOUBLETREE LLOYD CENTER HOTEL

*Virtual sessions available May 6, 2024 until May 6, 2025*

The Symposium is Approved for 16.0 Credits of  
AMA PRA Category 1 Credit. Nursing Education  
Contact Hours, ACPE for PharmDs,  
AAPA Category 1 CMEs for PAs, or AANP for NPs.  
(See inside for precise accreditation details and hours.)

**REGISTER ONLINE TODAY...**

[www.cardiologyinoregon.org](http://www.cardiologyinoregon.org)

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## Scope of Practice

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For the first time, the 21st Annual Northwest Cardiovascular Symposium will be a joint effort of multiple ACC chapters in the Northwest. This is an exciting chance for us all to refine our knowledge of contemporary topics related to cardiovascular disease care. Cardiology practices are busier than ever, with more and more options for the ever-widening array of clinical problems that we face. The Symposium, through nationally recognized faculty, will help you navigate the multiple choices you make for patients by providing a thorough exposition of the most up to date thinking and data informing such choices. Come learn evidence-based practice recommendations for all the cardiovascular care issues we face, including coronary artery disease prevention, heart failure, valve disease, cardiomyopathies, arrhythmias etc, as well as how comorbidities impact them.

The symposium will address knowledge gaps between clinical practice and emerging research through didactic lectures, panel discussions, and case presentations. Furthermore, the symposium will address collaboration gaps, where colleagues become more than a voice on the phone. Come ready to refine your understanding of current cardiology issues from all angles, but also for meaningful social interaction among fellow cardiology practitioners across the Northwest.

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## Learning Objectives

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Upon completion of this program, attendees should be able to:

1. Inform individualized recommendations to cardiovascular patients about exercise
2. Refine personalized choices for patients with specific lipid abnormalities
3. Accurately diagnose and treat patients with diastolic impairment
4. Describe rationales for intervention on functional MR
6. Recognize types of congenital heart disease in adults that require specialized care
7. Discuss emerging therapies for pulmonary arterial hypertension.
8. Recognize cardiovascular issues during pregnancy that warrant additional attention to ensure maternal health.
9. Discuss racial/ethnic disparities in our communities and how to address them to provide more equitable care.
10. Discuss the diagnosis and treatment options for cardiac amyloidosis
11. Identify features differentiating hypertrophy from hypertrophic cardiomyopathy
12. Know the impact of atrial fibrillation on heart failure
13. Learn an approach to subclinical arrhythmias found incidentally

This is a partial list of Learning Objectives. The complete list of learning objectives can be found at [www.cardiologynoregon.org](http://www.cardiologynoregon.org)

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## Target Audience

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This activity is designed for an audience of Physicians, Nurses, Nurse Practitioners, Physician Assistants, and Pharmacists.

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## Grant Acknowledgment

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At the time of printing, a complete listing of industry sponsors was not available. Appropriate acknowledgment will be made upon confirmation of support and at the time of the program.

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## Disclosure and COI Policy Statement

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Detailed faculty disclosures will be made available to participants prior to this activity. The planning committee members have disclosed that they have no financial relationships with commercial interests which produce, market, re-sell, or distribute health care goods or services consumed or used by their patients.

## Accommodations — Doubletree Lloyd Center Hotel

A special block of rooms has been reserved for Symposium attendees at the **Doubletree Lloyd Center Hotel, Portland, Oregon** (1000 NE Multnomah Street). The Doubletree Lloyd Center Hotel has parking available for our Symposium attendees. To reserve your room, please use this special online link <http://tinyurl.com/DoubleTree-by-Hilton-Portland> and use the Symposium Group Code of 901 to obtain our special lodging rates of \$169 per night (single or double).

## Committee Members

**Craig Broberg, MD, OHSU**

*Program Director, ACC Oregon Chapter*

**Jayne Mitchell, ANP, OHSU**

*Nurse Planner, ACC Oregon Chapter*

**Alan Morasch, CAE, Oregon Chapter of the ACC – Executive Director**

**Linda Ireland, MD**

*Alaska ACC Governor*

**Kapil Bhagiveth, MD**

*British Columbia ACC Governor*

**Alina Robert, MD**

*Idaho ACC Governor*

**Alexis Harrison, MD**

*Montana ACC Governor*

**Letitia Anderson, MD**

*Nevada ACC Governor*

**Saurabh Gupta, MD**

*Oregon ACC Governor*

**Andrea Lavoie, MD**

*Praire Provinces ACC Governor*

**Richard Cheng, MD**

*Washington ACC Governor*

**Tami Atkinson, MD**

*Oregon ACC*

**Jason Bensch, MD**

*Oregon ACC*

**Castigliano Bhamidipati, MD**

*Oregon ACC*

**Crispin Davies, MD**

*Oregon ACC*

**Jessie Dunne, PharmD**

*Oregon ACC*

**Nathan Funk, MD**

*Oregon ACC*

**Ty Gluckman, MD**

*Oregon ACC*

**Michael Layoun, MD**

*Oregon ACC*

**Sandy Lewis, MD**

*Oregon ACC*

**Fran Munkenbeck, MD**

*Oregon ACC*

**Babar Nazer, MD**

*University of Washington*

**Keval Patel, MD**

*Oregon ACC*

**Aly Rahimtoola, MD**

*Oregon ACC*

**Matthew Slater, MD**

*Oregon ACC*

## Attendee Comments from 2023...

*The Oregon ACC committee's ability to always top the previous year's content is unbelievable. I'll be back in 2024!*

*One of my favorite meetings of the year. I ALWAYS learn something new for my practice!*

*The flexibility of watching the lectures in a different order and stopping and pausing for something I may have missed is an invaluable bonus.*

*In the last few years, I've done the Symposium Live and Virtually. Extremely well-planned CV Education either way one attends!*



# Northwest Cardiovascular Symposium Program

21st Annual Northwest Cardiovascular Symposium  
Friday, April 26, 2024

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7:00 - 8:00 am	Registration and Exhibits Open — Continental Breakfast
7:45 - 8:00 am	Welcome and Introductory Remarks <i>Saurabh Gupta, MD, Oregon ACC Chapter President, Portland, Oregon</i>
8:00 - 8:50 am	Today's Lipid Dilemmas, What Should We Measure, What Should We Act On, and How? <i>Leslie Cho, MD, Cleveland Clinic, Cleveland, Ohio</i>
8:50 - 9:40 am	News in Hypertension: Not Just Your Parents' Options Anymore <i>Ty Gluckman, MD, Providence St. Vincent, Portland, Oregon</i>
9:40 - 10:10 am	Exhibit Break
10:10 - 11:00 am	Important Gender Differences in Cardiology that Should Impact Our CV Practices <i>Annabelle Volgman, MD, Rush University, Chicago, Illinois</i>
11:00 - 11:50 am	Deciphering Diastology: Defining, Detecting, and Doing Something About It <i>Sophia Airhart, St. Alphonsus, Boise, Idaho</i>
11:50 am - 1:00 pm	Lunch Program Sponsored by Boehringer-Ingelheim: Utilizing the EHR for Heart Failure Management <i>Ralph Riello, PharmD, Yale School of Medicine, New Haven, Connecticut</i>
1:00 - 1:50 pm	Hypertrophy: Contemporary Approach to Diagnosis and Treatment for When It's HCM (and for When It's Not) <i>Mariko Harper, MD, Virginia Mason, Seattle, Washington</i>
1:50 - 2:40 pm	New Insights on Pulmonary Arterial Hypertension and Left-Heart Related Pulmonary Hypertension <i>Nathan Brunner, MD, Vancouver Coastal Health Research Institute, Vancouver, BC</i>
2:40 - 3:10 pm	Exhibit Break
3:10 - 4:00 pm	Functional MR: When Should We Treat with New Tricks, and When Should We Leave the Valve Alone? The Cardiology and Surgery Perspectives <i>Scott Chadderdon, MD, Oregon Health and Science University, Portland, Oregon; and Simon Maltais, MD, Intermountain Healthcare, Billings, Montana</i>
4:00 - 4:30 pm	Diversity, Equity, and Inclusion in Cardiology and How We ALL Can Do Better <i>Sandy Lewis, MD, Legacy Medical Group, Portland, Oregon</i>
4:30 - 5:00 pm	Uniting to Build a New Cardiovascular Medicine Board <i>Jeff Kuvin, MD, Long Island Jewish Medical Center, Manhasset, New York</i>
4:45 - 5:30 pm	Hosted Reception in the Exhibit Hall

*Sessions Available for Online Viewing  
and CME-earning from May 6, 2024 – May 6, 2025*

# Northwest Cardiovascular Symposium Program

21st Annual Northwest Cardiovascular Symposium  
Saturday, April 27, 2024

7:00 - 8:00 am	Registration and Exhibits Open — Continental Breakfast
8:00 - 8:50 am	Putting the Provider First: Avoiding Anxiety, Addiction, and Burnout as a Clinician <i>Simon Maltais, MD, Intermountain Healthcare, Billings, Montana</i>
8:50 - 9:40 am	Cardiac Amyloidosis: Getting on Board with Diagnosis and Treatment <i>Jose Nativi-Nicolau, MD, Mayo Clinic, Jacksonville, Florida</i>
9:40 - 10:10 am	Exhibit Break
10:10 - 11:10 am	Independent CME — Integrity Continuing Education, Inc. Care with Distinctions: Cross-setting Strategies for Improved Identification, Diagnosis, and Management of Homozygous Familial Hypercholesterolemia <i>Christie Ballantyne, MD, FACP, FACC, Baylor, Houston, Texas</i>
	<b>Arrhythmia Mini Forum</b>
11:10 - 11:35 am	Afib and Heart Failure, Can Rhythm Control and Ablation Improve Mortality? <i>Kamala Tamirisa, MD, Texas Cardiac Arrhythmia Institute, Dallas, Texas</i>
11:35 am - 12:00 pm	What to Do When the Devices Pick Up Subclinical Arrhythmias? <i>Nazem Akoum, MD, University of Washington, Seattle, Washington</i>
12:00 - 12:10 pm	Arrhythmia Chat (Q&A)
12:10 - 1:10 pm	Lunch: Methamphetamine Cardiac Issues; Yes, Even in My Community! <i>Jonathan Davis, MD, University of California, San Francisco, California</i>
1:10 - 2:35 pm	Fellows Case Studies <i>Participants in training from Oregon Health and Science University, Good Samaritan Hospital, and University of Washington</i>
2:35 - 2:45 pm	Break
2:45 - 3:35 pm	Adult Congenital Heart Disease for the Real-World Cardiologist: Practical Tips Beyond the Board Questions <i>Abigail Khan, MD, Oregon Health and Science University, Portland, Oregon</i>
3:35 - 4:25 pm	Cardio-Obstetrics: Cardiology Matters in Maternity and What We Should All Know <i>Natalie Bello, MD, Cedars Sinai, Los Angeles, California</i>
4:25 - 5:00 pm	Symposium Wrap-up and Thanks <i>Planning Committee</i>

**Register Online**

for the

**21st Annual**

**Northwest Cardiovascular Symposium**

**[www.cardiologyinoregon.org](http://www.cardiologyinoregon.org)**

## Accreditation

### Credit provided by AKH Inc., Advancing Knowledge in Healthcare

In support of improving patient care, this activity has been planned and implemented by AKH Inc., Advancing Knowledge in Healthcare and Oregon Chapter of the American College of Cardiology Education Foundation AKH Inc., Advancing Knowledge in Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

#### Physicians

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of 16.0 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Pharmacists

AKH Inc., Advancing Knowledge in Healthcare designates this continuing education activity for 16.0 contact hours.

#### Nurses Credit

16.0 ANCC contact hours

#### Physician Assistants

AKH Inc., Advancing Knowledge in Healthcare has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

#### Nurse Practitioners

This activity has been planned and implemented in accordance with the Accreditation Standards of the American Association of Nurse Practitioners (AANP) through the joint providership of AKH Inc., Advancing Knowledge in Healthcare and Oregon Chapter of the American College of Cardiology Education Foundation AKH Inc., Advancing Knowledge in Healthcare is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 030803. This activity is approved for 16.0 contact hour(s) (which includes TBD hour(s) of pharmacology).

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### Commercial Support

Appropriate acknowledgment will be made upon confirmation of support and at the time of the program.



## Maintenance of Certification (MOC) Credits

Successful completion of all CME activities enables the participant to earn up to 16.0 MOC Points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC Points equivalent to the amount of CME credits claimed for each activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC Points. Participant's personal information will be shared with the ACCME and the ABIM.

Review Maintenance of Certification criteria: [www.abim.org/moc/](http://www.abim.org/moc/)

# 21st Annual Northwest Cardiovascular Symposium April 26 – 27, 2024 Registration Form

**Registration Contact Information** *Please neatly fill in the form.*

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Company/Institution/Practice \_\_\_\_\_  
Designation \_\_\_\_\_ Specialty \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Office/Cell Phone \_\_\_\_\_  
E-Mail \_\_\_\_\_  
Are you an ACC Member: Yes  No  Your ACC Mbr. Number \_\_\_\_\_ Today's Date \_\_\_\_\_

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## Symposium Registration Fees — Live and Virtual Format

	2024 Live and Virtual	2024 Virtual Only**
<b>Physicians*</b>	<input type="checkbox"/> <b>\$455</b>	<input type="checkbox"/> <b>\$400</b>
<b>Non-Physicians</b>	<input type="checkbox"/> <b>\$355</b>	<input type="checkbox"/> <b>\$300</b>

\*Physician pricing reflects the MOC credit cost

\*\*Attendees in this category will be able to view the Virtual Symposium from May 6, 2024 through May 6, 2025

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## Symposium Registration Payment

Check Enclosed (*Make check payable to Oregon Chapter ACC Education Foundation*)

VISA     MasterCard     AMEX    Amount \$ \_\_\_\_\_    Sec. Code of Card \_\_\_\_\_  
Card # \_\_\_\_\_    Exp. Date \_\_\_\_\_  
Name on Card \_\_\_\_\_  
Signature \_\_\_\_\_

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## Cancellation Policy

Cancellations made by April 2, 2024 will receive refunds less a \$50 handling fee. Cancellations after April 2, 2024 are nonrefundable, but transferable to another person.

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## Return This Form to

Oregon Chapter of the ACC, PO Box 55424, Portland, OR 97238 503-345-9294  
For more information or to [register online](https://www.cardiologyinoregon.org), visit [www.cardiologyinoregon.org](https://www.cardiologyinoregon.org)

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## Questions?

Alan Morasch, CAE, Chapter Administrator, Oregon Chapter of the ACC  
503-345-9294 • [alan@cardiologyinoregon.org](mailto:alan@cardiologyinoregon.org)



Oregon  
CHAPTER

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# 21st Annual Northwest Cardiovascular Symposium

Doubletree  
Lloyd Center Hotel  
April 26-27, 2024  
*Live & Virtual*